



MARINADE FOR BUFFALO STEAKS

½ Cup Steak Sauce [Heinz or your favorite]

¼ Cup Worcestershire Sauce

Fresh Ground Pepper to Taste

Wisk above ingredients together in small bowl.

Rinse off steaks and dry well.

Place in zip-lock bag for several hours, time permitting, or at least for 1 hour.

Refrigerate 20-25 minutes.

Normal cook time in pre-heated hot skillet [oiled]

2 minutes each side for searing; then 3 minutes per side in covered pan.

If you have a favorite buffalo recipe you would like to share, please submit it to

info@promisefmbuffalo.com